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Konrad-Zuse-Strasse 1 · D-18057 Rostock · Germany · Tel +49 (0) 3 81 20 81 - 0 · Fax +49 (0) 3 81 20 81 - 202 · www.demogr.mpg.de

MPIDR Working Paper WP 2021-003 | February 2021
<https://doi.org/10.4054/MPIDR-WP-2021-003>

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Diego Alburez-Gutierrez | alburezugutierrez@demogr.mpg.de

This working paper has been approved for release by: Emilio Zagheni (sekzagheni@demogr.mpg.de),
Head of the Laboratory of Digital and Computational Demography.

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The Demographic Drivers of Grief and Memory after Genocide in Guatemala

Diego Alburez-Gutierrez, PhD

February 18, 2021

Lab of Digital and Computational Demography,
Max Planck Institute for Demographic Research, Germany

Abstract

Mortality crises are relatively common demographic events, but we know little about how they affect local populations beyond excess mortality. I argue that using a kinship perspective to study mortality crises provides valuable insights into (1) how excess mortality affects the lived experience of kin loss, and (2) the implications of demographic change for preserving a memory of the event. Here, I explore these two processes using a unique genealogical database that records the complete demographic history of Rio Negro, a genocide-affected population in Guatemala, between 1982 and 2015. The analysis shows that deaths from the 1982 genocide were balanced by age, sex, and socio-economic status. One-third of the population were killed, but two-thirds of the population were left bereaved (the top 10% most affected individuals lost 30% of their nuclear family relatives and 23% of their extended family relatives). Notably, the proportion of the population related to a victim did not change between 1983 and 2015. The persistence of family bereavement can be interpreted as a prolongation of grief or as a driver of historical memory. These demographic dynamics are not unique to the Guatemalan genocide; indeed, they operate in all mortality crises.

Keywords excess mortality, armed conflict, kinship, demographic change, memory

1 Introduction

Mortality crises increase the number of deaths in a population, but the question of to what degree this excess mortality affects an individual’s exposure to death in the short and in the long term has not been fully explored. Studies of excess mortality often estimate population-level deaths tolls (Spreeuwenberg et al., 2018), the distribution of mortality over demographic characteristics (Walque, 2005), or the effects of mortality change on summary statistics (Aburto et al., 2021). While excess mortality is a useful metric of the severity of a crisis, it reflects only the short-term mortality consequences of the crisis. We know little about how excess mortality reverberates within populations and across time.

Differential exposure to death, especially within the family, has been recognised as a fundamental form of inequality (Umberson et al., 2017) with the potential to shape individual’s later-life outcomes (Patterson et al., 2020). Mortality crises can provide unique insights into how excess mortality shapes the lived experience of death (i.e., the fact that individuals experience mortality primarily as loss). This is also the case for mass killings, which have long been a staple of armed conflicts¹. As well as having a high death toll, massacres can disrupt the social dynamics that bind social groups together (Card, 2003), expose individuals to high levels of gender-based violence (Rehn and Johnson Sirleaf, 2002), and deprive survivors of crucial support from family members (Valentino et al., 2004).

Our understanding of the lived experience of mortality crises has been limited by a dearth of longitudinal data on disaster-affected populations, and by a systematic focus on death tolls. These limitations have prevented scholars from properly considering the role of kinship – i.e., the processes that shape human relatedness – as a key mediating force between population-level mortality change and individual-level exposure to death. To study kin loss in the context of excess mortality, data on individuals and their entire family networks over a long period of time would be needed. These data are unlikely to be available for populations in the Global South, where these crises are concentrated.

¹Following the convention of the United Nations-backed Guatemalan Truth Commission, I define massacres, or mass killings, as violent events resulting in the intentional death of at least five non-combatants (CEH, 1999).

In this paper, I explore this phenomenon using a unique database containing the complete genealogical information of a Guatemalan village affected by genocide in 1982, during the country’s civil war. The objective of this paper is to explore the Janus-like properties of kinship in the context of mortality crises, which can act both as a multiplier of grief and as a vehicle for historical memory. First, I describe the relationship between excess mortality and the experience of kin loss for survivors of the 1982 Rio Negro massacres. Second, I consider the implications of post-genocide demographic dynamics for historical memory by drawing on the notion of ‘population memory’ (Denton and Spencer, 2020). Overall, the paper shows how pre-existing demographic and kinship structures amplify mortality shocks, and how traces of these events linger over time.

I make three main contributions to the demographic literature. First, I provide empirical evidence on the relationship between mortality change and the lived experience of kin death, which is an important but rarely studied problem (Umberson et al., 2017). For this purpose, I leverage a novel dataset with an unparalleled level of detail about longitudinal demographic and kinship structures in a genocide-affected population. Second, I highlight the potential of kinship dynamics to reproduce historical memory by multiplying the number of individuals related to the witnesses of an event. This builds on the existing notion that a population’s ability to recollect a past event is proportional to the share of individuals in the population who witnessed the event. While Denton and Spencer (2020) have shown how mortality, fertility, and migration affect the development of this *witness population* in stable populations, no previous study has used empirical data to analyse the demographic determinants of historical memory after a mortality crisis. Third, I provide the first systematic account of the 1982 Rio Negro massacres, which played a key role in the making of contemporary Guatemala. The Rio Negro massacres are amongst the more than 600 mass killings overseen by the Guatemalan government during the country’s civil war. Violent events like those described in this paper accounted for almost half of the estimated 200,000 conflict-related deaths in the country (CEH, 1999).

In the next section, I discuss the relevant literature and introduce the genealogical data from Rio Negro, explaining how they were collected and analysed. In the *Results* section, I examine the implications of excess mortality for the lived experience of kin loss, as well as the demographic

drivers of historical memory in Rio Negro. In the final section, I discuss the implications of the findings, focusing on the potential of kinship to multiply grief, and to contribute to the inter-generational transmission of memory.

2 Background

Since the end of the Second World War, mass killings have mainly affected relatively small, socially marginalised, and economically deprived communities (Valentino et al., 2004). These mortality crises affect the social relationships in local communities, disrupting the dynamics of cooperation and support that characterise all human societies. The study of the demographic consequences of mass killings has so far been limited by the lack of high-quality empirical data (Li and Wen, 2005). Studies that use aggregate data, often at the country level, are not able to distinguish between deaths from massacres and deaths from other conflict events (Lacina and Gleditsch, 2005). While national-level surveys are the most common sources of data used in the demography of armed conflict, they are not well-suited for studying mass killings.

Massacres have specific characteristics that distinguish them from the broader conflicts they are embedded in. They are generally directed towards local communities and affect non-combatants, and they often include extreme psychological and sexual violence (Rehn and Johnson Sirleaf, 2002). Studies of the distribution of country-level mortality have shown that younger men (aged 15-44 years) are, on average, more likely to die during conflicts than other groups (Obermeyer et al., 2008). It is unclear whether this is also the case for mass killings (Valentino et al., 2004). In the rest of this section, I review how the study of mass killings can provide crucial insights into how populations react to sudden and dramatic changes in mortality.

2.1 Excess mortality and the lived experience of kin death

Measures of excess mortality do not capture the full extent to which individuals are affected by mortality crises. Crucially, the survivors of a mortality crisis experience excess mortality as a loss.

Previous studies have shown that exposure to death, especially within the family, is an important form of inequality (Umberson et al., 2017) associated with a range of negative outcomes in later life (Patterson et al., 2020; Fletcher et al., 2013; Doku et al., 2020). While the visibility of studies of the lived experience of death (Alburez-Gutierrez et al., 2021) and the prevalence of bereavement in a population has increased in recent years (Smith-Greenaway and Trinitapoli, 2020; Smith-Greenaway and Weitzman, 2020), no similar empirical studies have been conducted in the context of mortality crises.

Up to now, the relationship between excess mortality and kin loss has only been studied using microsimulation and modelling approaches. A study using demographic microsimulation has, for example, documented the detrimental effect of the HIV/AIDS epidemic on the kinship resources for orphans in Zimbabwe (Zagheni, 2011). Theoretical work in demography has described the expected relationship between mortality change and the lived experience of kin death (Keyfitz and Caswell, 2005; Williams and Alburez-Gutierrez, 2021). Nevertheless, the role of kinship in the context of a sudden mortality increase has not been previously studied using empirical data.

2.2 Demographic drivers of memory after an event

In this paper, I use the term *population memory* to describe the potential of demographic change to influence the long-term reproduction of historical memory in a population. I focus on two processes: witness survival and family bereavement. Population memory should not be confused with other forms of demographic memory, such as the scars left by mortality crises on population pyramids (de Walque, 2006). It is also distinct from historical memory, understood as the way in which preserving the memory of an event becomes part of habitual practices within local cultural frameworks (García, 2014).

The concept of population memory was first used to describe the way in which demographic dynamics determine the proportion of a population who remember a historical event. Consider a population who experienced an important event in the past: What share of the population can be classified as witnesses of this event years after it took place? Denton and Spencer (2020) have

shown how, in a stable population framework, the evolution of the population of *rememberers* is affected by changes in the three pillars of demographic change: mortality, fertility, and migration. The underlying assumption is that a population's ability to recollect a past event is proportional to the share of individuals in the population who witnessed the event.

Witness availability is not the only way in which demographic dynamics help reproduce historical memory. Kinship structures can also play an important role. A recent study estimated that each death from the COVID-19 pandemic in the United States was experienced, on average, by nine grieving relatives (Verdery et al., 2020). In contexts characterised by widespread mortality, it seems reasonable to expect that a considerable proportion of the population will experience the death of a family member. Studies have found evidence of the inter-generational transmission of trauma within populations (Cerdeña et al., 2021), including for very distant events (Aassve et al., 2021). Having a personal connection to the crisis can also contribute to preserving the memory of an event, even amongst individuals who were not directly exposed to it. To the best of my knowledge, no study to date has used empirical data to study the potential of family bereavement to act as an inter-generational repository of memory.

3 The Rio Negro massacres

The end of the 1970s was a turbulent period in Central America. In Guatemala, where a civil war against communist guerrillas had been waged since 1960, the military government implemented a series of scorched earth policies targeting the country's indigenous populations. This campaign of mass violence resulted in up to 75,000 casualties over the course of 600 massacres that took place between 1980 and 1982 (CEH, 1999; Valentino et al., 2004). The UN-backed Truth Commission reported that the Guatemalan state committed acts of genocide against the Maya-Achi people between 1981 and 1983 (CEH, 1999).

This study analyses the effects of mass violence in Rio Negro, a Maya-Achi village in the heart of the Guatemala Highlands. At the time of the Maya-Achi genocide, Rio Negro was an isolated and impoverished agricultural in the Highlands of Guatemala. Roughly one-third of the

population of Río Negro perished in a series of massacres targeting unarmed men, women, and children between February and September 1982. These massacres happened after members of the community refused to be resettled during the construction of the Chixoy Hydroelectric Project, the largest and most important hydroelectric power plant in Guatemala (Einbinder, 2017). Testimonial evidence suggests that many women over age 10 and some men experienced sexual violence and rape over the course of these events (EAFG, 1995; CEH, 1999). During a 2008 trial, perpetrators of the Río Negro massacres acknowledged that they had been instructed to kill every person in the village. Most of the houses in Río Negro were burned down, and the villagers' livestock and crops were plundered or destroyed.

After the killings and up until 1996, when the Guatemalan Civil War ended, the survivors of the Río Negro massacres were held in a military-controlled facility called Pacux, which operated as a concentration camp with limited access to food and sanitation (EAFG, 1995). Extrajudicial killings, torture, and sexual violence were common in the camp, and mobility was highly restricted, which minimised in- and out-migration. Although the massacres of Río Negro are amongst the most emblematic of all of the state-sponsored acts of violence during the Guatemalan Civil War, they are also amongst the least studied (Einbinder, 2017).

4 Data and methods

4.1 Primary data from a genocide-affected population

The primary data used in this analysis come from a unique database containing demographic and genealogical information on all members of a community affected by genocidal massacres and their descendants. The data were reconstructed from genealogical interviews that I carried out with survivors of the 1982 Maya-Achi genocide in Río Negro, Guatemala, between January and October 2016. All interviews were conducted in the vernacular Maya-Achi language with the help of a team of two local researchers with expert knowledge of the community. All in all, we carried out 112 genealogical interviews in the municipality of Rabinal, where most of the genocide survivors reside,

and in other parts of the country (100 were conducted successfully, eight were refused, and four could not be conducted for practical reasons).

The data collection process was designed to improve data reliability while minimising survival and retrospective biases. The genealogical reconstruction relied on *multiple genealogical reporting* to assess data completion and quality, and to reduce the survival bias that characterises retrospective data collection. The data overlap resulting from the network sampling methodology was used to improve the data quality (on average, a genealogical interview yielded information on 58 individuals, 61% of whom were duplicates reported in a separate interview). Inconsistencies in the data were discussed with the research team, and, when possible, clarified with the respondents in follow-up interviews. The remaining inconsistencies were resolved using an algorithm based on a series of operationalised assumptions about response patterns: data accuracy decreases with social distance; mothers provide more reliable data about their children than fathers; etc. (see Alburez-Gutierrez (2019) for more details).

We processed the data during the data collection period. This process included transcription, record linkage, and the de-duplication of records. These tasks were performed in parallel by members of the research team to ensure data quality. Each new family tree was merged to the other existing trees until a *complete genealogy* emerged; i.e., a single family tree with one component and no duplicates. Processing the data in the field allowed me to assess the degree of genealogical saturation in the data, which was the main criterion used to limit the number of interviews with survivors. For a complete description of the data, including details on the data collection, sources of bias, and reliability assessments, see Alburez-Gutierrez (2019).

4.2 Secondary data from local censuses

Secondary data for this study came from two unpublished local censuses containing information on the inhabitants of Rio Negro before and after the mass killings. The *1981 census* was a *de facto* census conducted by the *Instituto Nacional de Electrificación* (INDE), the government’s energy company, between 1978 and 1981. It was intended to provide baseline data to guide compensation

programmes related to the construction of the Chixoy Hydroelectric Project (which were never implemented). The unpublished census report is 500 pages long, and describes the demography, economy, social structure, settlement patterns, and many other aspects of Rio Negro and nearby communities. Crucially, it includes a list with the names and ages of 602 inhabitants of Rio Negro grouped by household. These census data are not entirely reliable, as the political violence in the area had already started when the data were collected. However, they are the only existing data from the time. An analysis of the reported ages showed that they were largely rounded (Whipple's index = 241)².

The *2008 census* was conducted to identify the beneficiaries of a separate government programme of war reparations that was ongoing when I collected the genealogical data. The census was commissioned by an umbrella organisation for Human Rights, COCAHICH, and was implemented by the Latin American Social Sciences Institute (FLACSO). It was a *de jure* census, meaning that it registered individuals independent of their current location as long as they were descendants of the original population (i.e., those who were alive at the time of the massacres). This census includes full names, places of birth and dates of birth, and household memberships for 1,303 individuals. The individuals were required to present their national identity card upon registration, which improved the quality of the data. An analysis of the 2008 census data suggested that there was a much lower degree of age-rounding in these data than in the 1981 census data (Whipple's Index = 111). There was a small degree of underreporting, as some members of the population refused to be included in the census. A small number of emigrants (mainly children born from sexual abuse, who were adopted by families abroad) were omitted from the census. Because registration in the census defined their eligibility for war reparations, the inhabitants of Rio Negro (and their descendants) had a strong incentive to participate in the census.

²The Whipple index is a standard tool for evaluating the prevalence of age-heaping; values under 105 are considered very accurate, and values over are considered 175 very bad.

4.3 Quality and completeness of the genealogical data

The Rio Negro genealogy contains data on 3,566 unique individuals, 1,986 marriages, and relational fields linking individuals to their parents and spouses. It represents the entire population of the village between 1960 and 2015, and can be used to reconstruct its kinship structure.

I assessed the completeness of the genealogical data by comparing them with data from the two local censuses described above. I found that 98% of the individuals recorded in the 1981 and 2008 censuses were also included in the genealogical data (matched by name and date of birth). I also compared the genealogical data to a list of victims who were exhumed in Rio Negro by the Guatemalan Forensic Anthropology Foundation, and identified using DNA matching (FAFG, 2018), 90% of whom were reported independently in the genealogical interviews³. An analysis of the reported dates of birth in the genealogical data showed little evidence of age-heaping (Whipple's index = 104), and there was no evidence of male bias due to the underreporting of female records, which is a common issue that affects genealogical records (Zhao, 2001). Finally, the age-sex distribution of the Rio Negro population was not significantly different from the distribution reported in the 1981 census or in the 2008 census (Alburez-Gutierrez, 2019).

The genealogical data are prone to survival bias, as individuals with no living descendants may be less likely to be reported. Nonetheless, the genealogical data approached completeness of death registration even within family groups who suffered very high mortality during the killings. According to the genealogical data, 16% of the 1981 households had all of their members killed in the massacres, but 97% of these households were included in the genealogical data (even if they had no living descendants at the time of the data collection).

A final concern was that the data quality for victims of the genocide would be poorer. I conducted a missing value analysis to determine whether genocide victims had more missing values than non-genocide victims in the data. The analysis showed that after merging the data to create a complete genealogical dataset, the share of missing values was equivalent for victims (14%) and survivors (13%) of the killings. Further underreporting may have resulted if emigrants (i.e.,

³The FAFG data include other victims of the Maya-Achi genocide who were buried alongside those of the Rio Negro massacres.

internally displaced persons) were systematically omitted from the dataset. However, outmigration from Pacux (the resettlement camp) was heavily restricted by the Guatemalan army after the massacres, and significant steps were taken during the data collection to include information on emigrants by conducting off-site genealogical interviews. A thorough analysis of retrospective and survivor bias in the genealogical data has been conducted elsewhere (Alburez-Gutierrez, 2019).

4.4 Analysis

This paper is based on a descriptive demographic analysis of the complete genealogy of Rio Negro. For every individual, I identified relatives in the nuclear family (parents, siblings, spouses, and children) and the extended family (including members of the nuclear family plus grandparents, grandchildren, cousins, aunts, and uncles). I estimated denominators by conducting yearly pseudo-censuses of the genealogical data. I identified direct excess deaths using a variable in the genealogical data that recorded whether a given death was conflict-related or not.

I ascertained household membership for 87% of the pre-killing population using data from the 1981 census. This census also included data on the crops, livestock, and land owned by each household, as well as on whether any household member took part in other commercial activities. I used these data to construct a household-level pre-killing socio-economic index.

5 Results

I start by describing the main demographic characteristics of Rio Negro and the excess mortality from the 1982 mass killings. I then discuss the relationship between excess deaths and the experience of kin loss for survivors. Finally, I consider the demographic drivers of historical memory in the 1983-2015 period.

5.1 Descriptive evidence of excess mortality in Rio Negro

In 1981, the year before the killings, Rio Negro was a typical rural Mayan community in Guatemala in terms of its demographic composition and dynamics. It was a kin-centred community, and individuals had high shares of long-lasting and close ties to relatives in their nuclear and extended families⁴. The kinship system in the village was patrilineal, residence was patrilocal, and traditional gender norms prevailed.

The population was young (59% of the members were under 15 old), homogeneous (all members were indigenous Maya), and relatively isolated (95% of the members had been born in the village). The population was very impoverished, and the vast majority of the villagers were relying on subsistence agriculture, according to the 1981 census. An analysis of data on crop and livestock ownership in the village prior to the killings shows that there were no wide socio-economic inequalities. Infant mortality rates were very high (89 deaths per 1,000 births) and the prevalence of malnutrition (69% of children under age 15 were stunted) and of infectious diseases was also high. These values are comparable to those reported for similar contemporaneous Mayan villages (Early, 1982). According to the genealogical data, the Total Fertility Rate (TFR) in 1981 Rio Negro, was 7.8, which was above the reported national level for that year (5.9), but was similar to the TFR for the Mayan population in the country as a whole (7.4) (APROFAM, 1978). The crude growth rate averaged 0.057 in the 10 years before the killings, and 0.043 in the 10 years after the killings. As a result of these trends, the population of Rio Negro increased from 970 inhabitants in 1981 to almost 3,000 in 2016.

The population of Rio Negro shrank by one-third in 1982 (from 970 to 604 inhabitants) as a result of the killings, and did not surpass its pre-genocide size until 1992, 10 years after the massacre. Table. 1 shows the distribution of genocide deaths by age and sex according to the genealogical data. Direct mortality from the mass killings was surprisingly balanced by sex: 37% of all women and 38% of all men were killed. Mortality was also consistently high across all age groups. While older adults had the highest mortality rates (almost 60% of individuals aged 45 or

⁴Kin-centred social networks are characteristic of traditional societies, whereas non-kin ties (friends and acquaintances) may have a greater societal relevance in less traditional societies.

Table 1: Age-sex structure of the Rio Negro population before the 1982 killings and excess deaths from the killings. (A) Population by age and sex at the start of 1982; (B) direct deaths from the killings; (C) proportion of the pre-genocide population killed.

Cohort	Age in 1982	Alive in 1982 (A)			Killed (total) (B)			Proportion killed (C) = B/A		
		All	Female	Male	All	Female	Male	All	Female	Male
1968-1982	0 to 14	544	273	271	163	82	81	.3	.3	.3
1937-1967	15 to 44	332	170	162	147	75	72	.44	.44	.44
Pre-1937	45+	94	43	51	56	22	34	.59	.51	.67
All cohorts	All ages	970	486	484	366	179	187	.38	.37	.39

older were killed), given the very young structure of the population, more children were killed in total. The extremely high mortality of children stands out: one-third of all children under age 15 died in the massacres. The genocide had the side effect of ‘rejuvenating’ the population – 64% of survivors were younger than age 15 the year after the killings, compared to 59% the year before the killings.

The age-sex distribution of excess mortality from the Rio Negro massacres differed considerably from that of the Guatemalan Civil War as a whole, which I estimated using two independent datasets of Human Rights violations⁵. Country-level deaths were, on average, concentrated amongst fighting-age men (aged 20 to 45), but the violence in Rio Negro was directed against the population as a whole. Female mortality was 1.4 times higher in Rio Negro than in the Guatemalan conflict as a whole, and was 1.9 times higher than in other contemporaneous conflicts (Obermeyer et al., 2008). Remarkably, excess mortality among under-five children was 6.2 times higher in Rio Negro than in the overall country-level conflict. Moreover, survivors of the killings were, on average, exposed to higher levels of physical, sexual, and psychological violence than other victims of the conflict (CEH, 1999; EAFG, 1995).

⁵The CIIDH and REHMI are the most comprehensive datasets of retrospective Human Rights violation reports from the Guatemalan Civil War. Both sources relied on independent convenience samples of primary human right violations reports. Age and sex were known only for 35% of the CIIDH records and 58% of the REMHI records.

5.2 Effects of excess mortality on the lived experience of kin loss

Measuring excess mortality is only one way of quantifying the effects of mortality crises. Studies that focus exclusively on casualties disregard the reality that each excess death implies the loss of parents, siblings, spouses, etc. This omission is partly due to the fact that data on kin loss are seldom available from traditional data sources, such as household surveys.

Table 2 shows the number of relatives lost by survivors of the Maya-Achi genocide by age and sex of the surviving population ($N=640$). Survivors lost, on average, 1.8 members of their nuclear family ($SD=2.4$) and 4.4 members of their extended family ($SD=5.4$). The top 10% most affected individuals lost, on average, 4.3 relatives in their nuclear family ($SD=0.5$) and 10 relatives in their extended family ($SD=1.8$). These figures represented 30% and 23% of the size of their entire nuclear and extended family networks, respectively. On average, older individuals lost more relatives than younger individuals, and there were no systematic differences between sexes. Note that while the standard deviation increases over age, the coefficient of variation, a measure of relative variability, remains relatively constant (not shown). This is the case for all relative types except for children, grandchildren, and spouses, for whom the coefficient of variation is considerably higher in the youngest age group.

The estimates for cousins in Table 2 should be interpreted carefully because data limitations made it impossible to identify some kin ties for the oldest members of the population. For example, to identify the cousin of someone born in 1940, we would need data on their grandparents born in the 19th century, which were not collected. Therefore, kin loss for cousins is likely to be greatly underestimated, particularly for the 45+ age group (this is also the case for aunts, uncles, nieces, and nephews, who are not included in the table).

Excess deaths were clustered within family groups. Table 3 shows the proportion of genocide survivors who experienced the death of n or more relatives, conditional on their having experienced the death of $(n - 1)$ relatives. Note that column $(0 \rightarrow 1+)$ displays the share of survivors who lost at least one parent, sibling, etc. For example, 38% of the 604 genocide survivors experienced the death of at least one sibling, and of these 228 bereaved individuals, 71% also experienced the death

Table 2: Number of relatives lost by sex and age of genocide survivors at the time of the killings (mean and standard deviation).

	Female survivors			Male survivors		
	0-14	15-44	45+	0-14	15-44	45+
Nuclear (any)	1.17 (1.7)	2.92 (3.24)	3.52 (3.08)	1.36 (1.71)	2.87 (2.81)	3.17 (3.35)
Children	0 (.07)	.5 (1.2)	1.76 (1.64)	.01 (.14)	.67 (1.31)	1.78 (2.1)
Parents	.85 (.71)	.85 (.8)	.6 (.84)	.76 (.68)	.89 (.7)	.38 (.74)
Siblings	.64 (1.27)	1.7 (2.46)	1 (1.34)	.81 (1.29)	1.37 (1.65)	.89 (2.11)
Spouses	0 (.07)	.17 (.38)	.48 (.51)	0 (0)	.22 (.42)	.33 (.49)
Extended (any)	3.83 (5.36)	4.91 (5.34)	6.14 (5.39)	4.46 (5.49)	4.57 (5.06)	5.83 (6.28)
Grandchildren	0 (.07)	.3 (.78)	2.62 (3.8)	0 (0)	.22 (.83)	2.67 (3.69)
Grandparents	.66 (.97)	.26 (.69)	0 (0)	.75 (1.03)	.19 (.53)	0 (0)
Cousins	2 (3.9)	1.42 (3.52)	0 (0)	2.35 (3.99)	1.29 (3.6)	0 (0)

of a second sibling, and so on. The key takeaway of this table is that survivors were more likely to lose a second relative conditional on already having lost one relative ($1 \rightarrow 2+$) than to lose a first relative altogether ($0 \rightarrow 1+$). This is also the case for higher orders of kin death for all relative types, except for parents.

5.3 Demographic drivers of memory after the 1982 mass killings

In this section, I discuss the potential of demographic change to act as a repository of memory. First, I study the survival of genocide witnesses over time under the assumption that survivors are crucial vehicles of historical memory. Second, I consider how kinship dynamics have the potential to keep the memory of the genocide alive in the long term. I regard these two processes as instances of *population memory*, which act as drivers of historical memory.

5.3.1 Witness survival as a form of population memory

I start by considering the development of the population of genocide witnesses in Rio Negro. Following Denton and Spencer (2020), I define ‘witnesses’ as individuals who were aged 12 or older in 1982, under the assumption that younger children were too young to remember the events (using

Table 3: Proportion of genocide survivors who experienced the death of n or more relatives ($n+$), conditional on having experienced the death of at least $(n - 1)$ relatives. In square brackets, population who experienced at least n deaths of a given relative type.

$(n - 1) \rightarrow n+$	$0 \rightarrow 1+$	$1 \rightarrow 2+$	$2 \rightarrow 3+$	$3 \rightarrow 4+$	$4 \rightarrow 5+$
Nuclear (Any)	.59 [354]	.68 [239]	.79 [188]	.63 [119]	.72 [86]
Children	.11 [68]	.6 [41]	.49 [20]	.35 [7]	.71 [5]
Parents	.42 [250]	.28 [71]			
Siblings	.38 [228]	.71 [162]	.67 [108]	.47 [51]	.49 [25]
Spouses	.07 [44]				
Extended (Any)	.66 [397]	.86 [342]	.91 [312]	.83 [259]	.84 [217]
Grandchildren	.08 [45]	.69 [31]	.65 [20]	.65 [13]	.69 [9]
Grandparents	.28 [170]	.62 [105]	.3 [32]	.03 [1]	
Cousins	.29 [173]	.91 [158]	.78 [124]	.76 [94]	.98 [92]

alternative awareness ages changes the levels, but not the general trends presented below). This definition does not require that a witness experienced kin loss; although, as shown above, the overwhelming majority of witnesses did lose at least one relative.

The population of Rio Negro witnesses has declined considerably over the years (Fig 1). Assuming a minimum awareness age of 12, almost half of the 1983 population could be considered witnesses. However, this share of the population was only 10% by 2015, and will continue to decline in the coming years as no new members can enter the population of witnesses. ‘Non-rememberers’ made up 91% of the 2015 population, and will dominate the population in the near future. Genocide witnesses have also aged considerably in the intervening years. On average, witnesses went from being 29 to 58 years old between 1983 and 2015. This increase in age was not fully linear over time given the higher mortality at older ages. In contrast, the population of non-rememberers are very young; i.e., 18 years old on average in 2015.

In a stable population, these patterns could be explained away as pure ageing effects, but the post-genocide population of Rio Negro was hardly characterised by demographic stability. Although migration was heavily restricted by the military after the killings, fertility and mortality rates fluctuated considerably in this period. A detailed account of the mortality and fertility behaviour of the population after the genocide is beyond the scope of this paper. However, it is

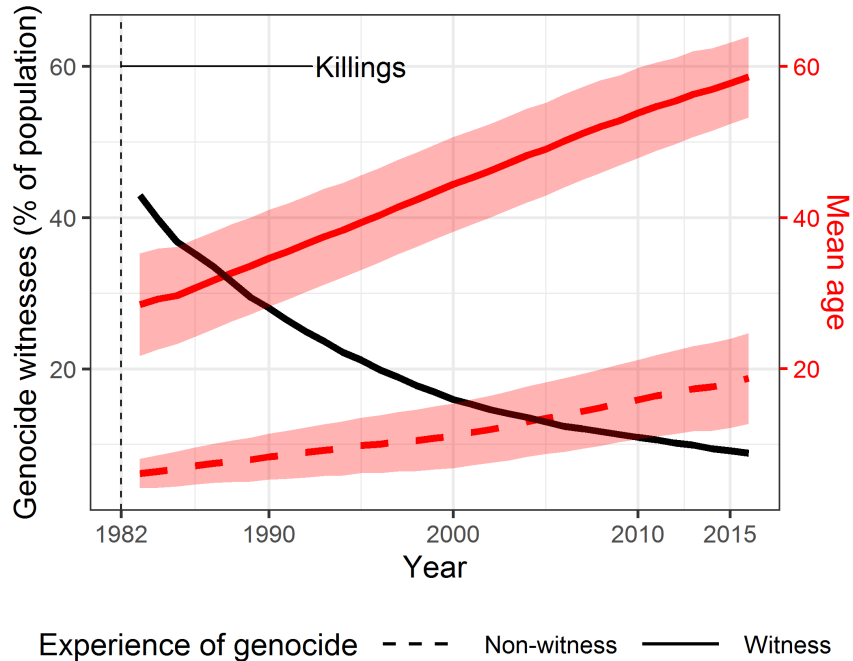


Figure 1: Historical development of the population of genocide witnesses (survivors who were aged 12 or older in 1982) in Rio Negro (1983-2015 period). Proportion of the total population who are witnesses (black line), and the mean age of witnesses (red, solid line) and of non-witnesses (dashed red, including 95% confidence intervals).

worth emphasising that the estimates presented above were obtained from the empirical analysis of population-level data. As such, they capture how fertility and mortality changes affected the numerator (number of surviving witnesses) and the denominator (total population) of our measure of witness survival.

Finally, I used standard Leslie matrices (Keyfitz and Caswell, 2005) to project the population of witnesses and non-rememberers in Rio Negro, assuming exposure to the empirical and projected demographic rates from the 2019 Revision of the United Nations World Population Prospects (medium scenario for the 2015-2050 period). I estimate that by 2025, less than 5% of the population will have witnessed the killings. By 2050, the handful of survivors left will, on average, be aged 85 or older; and thus will, in all likelihood, be unable to give first-hand testimony of the genocide. Witness availability can be regarded as a form of population memory but as I show below, it is not the only demographic driver of historical memory.

5.3.2 Prevalence of bereaved individuals as a repository of memory

Like all mortality crises, the mass killings in Rio Negro produced a large population of bereaved individuals. In this section, I consider the members of the population related to a victim of the genocide over time, irrespective of whether they knew the victims personally or not (e.g., a child born in 2010 might be related to a grandparent who died in the killings). Unlike period mortality rates, measures of the prevalence of bereavement reflect the mortality history of the population, and are ideal for quantifying the long-lasting consequences of excess mortality.

I start by considering changes in the prevalence of bereavement in Rio Negro. In 1983, 59% of genocide survivors had lost at least one member of their nuclear family in the genocide, and 66% had lost a relative in their extended family. Overall, 42% of survivors lost a parent, 28% lost a grandparent, and 11% lost a child. Moreover, 38% of survivors lost at least one sibling, and 7% lost a spouse. Reading Fig. 2 horizontally exemplifies the differential development of bereavement in the nuclear family and the extended family over time. The proportion of the population with a victim in their nuclear family declined by three-quarters between 1983 and 2015 (from 59% to 19%). In contrast, the prevalence of bereavement in the extended family fluctuated around 65% in the same period; meaning that an average member of the 2015 population was almost as likely to be related to a victim of the killings as a member of the 1983 population.

The demographic theory of kinship helps us understand the persistently high levels of bereavement in the extended family. A person cannot acquire new children, older siblings, parents, grandparents, or spouses after death, but she may acquire younger siblings, cousins, nephews, aunts, uncles, or grandchildren. Caswell (2019) has characterised these as processes of *demographic subsidy*. With the exception of younger siblings, all of these are members of the extended family, which is why indirect bereavement rates for the extended family remained relatively constant after 1983, but declined for the nuclear family.

However, the proportion of the population who knew a victim personally declined over time, even as the prevalence of bereavement remained relatively constant. Fig. 2 shows that 63% of the 1983 population had overlapped with a relative who was killed in the massacres, compared to just

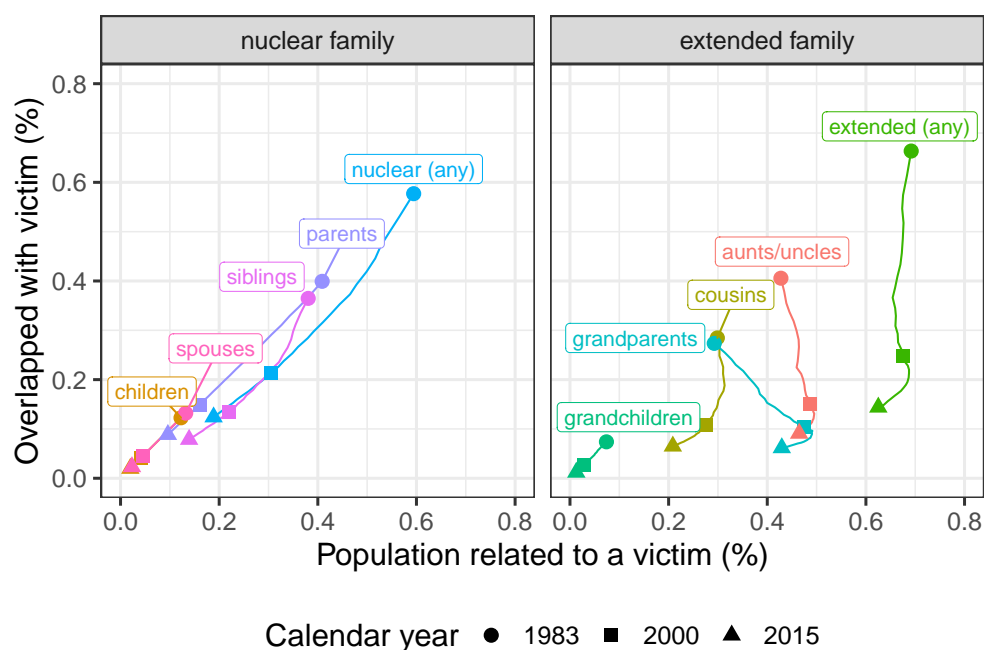


Figure 2: Prevalence of bereavement in Rio Negro by type of relative (1983-2015 period): the proportion of the population related to a victim (horizontal axis) vs the proportion who ever overlapped with a victim (vertical axis).

14% of the 2015 population. Equivalent declines from higher to lower values along the vertical axis indicate a progressive distancing of individuals and victims for all relative types.

The overlap between individuals and victims over time is a product of demographic change. Assuming population growth, the share of the population who overlapped with a victim must decrease over time, like a cohort effect (i.e., only people born before 1982 are ‘at risk’ of having overlapped with a genocide victim). This decline is evident in the downward trend of the lines in Fig. 2 along the vertical axis. The pace of the decline depends on changes in the rate’s numerator (the number of people who overlapped with a victim) and denominator (total population). A large influx of non-bereaved individuals into the population (e.g., given sustained population growth or immigration flows) would cause the denominator to increase rapidly. Alternatively, the numerator can also fall rapidly if, for example, survivors who lost a relative also faced above-average mortality

risks after the genocide.

6 Discussion

This study provided a systematic description of the demographic consequences of mass violence for an indigenous population in Guatemala. I examined the question of how demographic and kinship dynamics shaped the experience of genocide for survivors, while focusing on kin loss and historical memory. The findings highlighted the potential of kinship to elucidate the short- and long-term consequences of excess mortality for members of the local populations who, ultimately, experience these mortality events. In doing so, the study went beyond traditional analyses of excess mortality to highlight the wide-ranging and long-lasting implications of mortality crises for populations. A particular strength of the study was its use of complete genealogies from a population who experienced very high levels of excess mortality, and who were, until recent years, closed to migration.

A first set of results highlighted the potential of kinship structures to exacerbate the exposure to death in the context of a mortality crisis. One in three members of the population of Rio Negro were massacred in 1982. Direct excess mortality was evenly distributed by age, sex, and socio-economic status, and there were high levels of clustering within family groups. These excess deaths radically increased the exposure of survivors to kin death. In the aftermath of the killings, two-thirds of survivors had lost at least one member of their extended family. The mortality crisis effectively created a large population of bereaved individuals. The size and the composition of this population were determined by the levels and the distribution of excess deaths on the one hand, and the pre-existing population and kinship structures on the other. Furthermore, the massacres disrupted family networks considerably, making them less connected and reducing opportunities for intra-family cooperation.

A second set of results outlined the demographic determinants of historical memory – i.e., population memory – by focusing on the availability of genocide witnesses and the prevalence of bereavement in the population over time. Genocide witnesses in Rio Negro (individuals who were at

least 12 years old at the time of the killings) made up little less than one-tenth of the population in 2015. As the members of this population were relatively old and frail, I projected that, before long, they would be replaced by the population of ‘non-rememberers.’ Nevertheless, the multiplicative nature of kinship dynamics might contribute to the reproduction of memory amongst younger generations. Individuals with a personal connection to the events, such as relatives of the victims, can be powerful actors in this process, even if they themselves never experienced the mortality crisis.

It is important to emphasise that population memory is different from historical memory (Denton and Spencer, 2020). In this study, I use the concept of population memory to highlight the potential role of demographic change in the inter-generational transmission of memory. First-hand testimonies are likely to be the most prevalent and the most reliable sources of information about past violence in local communities, together with formal schooling, literature, and rumour. Such testimonies are also invaluable as evidence of wartime crimes. This is particularly important for individuals in genocide-affected communities, who may never see truthful depictions of the events reflected in their country’s official historical narrative. This approach follows the demographic literature that studies the inter-generational implications of mortality exposure (Montgomery, 2000; Umberson et al., 2017). Nevertheless, local memory of past events can survive in other ways. For example, ethnographic work on the Maya-Ixil people has shown that traditional ceremonial practices have played a crucial role in helping them deal with the legacy of war in post-genocide Guatemala (García, 2014).

These findings have important implications for the study of mortality crises. First, I provided evidence of the relationship between population-level mortality change and the lived experience of death in a real population. This is the first study to use empirical data to evaluate the conjectured relationship between mortality change and exposure to kin death. It is worth emphasising that this study used empirical data on the same population before, during, and in the 33 years after a mortality event. There is no comparable study in the literature. The insights from this analysis can help inform simulation- or model-based approaches that study mortality crises and their effects (Zagheni, 2011; Verdery et al., 2020). Second, I showed how demographic change and kinship

dynamics contribute to the reproduction of historical memory. This research builds on existing theoretical work (Denton and Spencer, 2020), and opens the door to more studies investigating how demographic forces exacerbate the consequences of excess mortality.

The present paper also makes an important historical contribution. This is the first systematic study of the direct and indirect consequences of the 1982 Rio Negro massacres, which are amongst the most important events of the Guatemalan Civil War and the least studied. However, while the scale of the 1982 Rio Negro massacres was exceptional, they were not an isolated incident in the Guatemalan Civil War. They followed the same pattern as the more than 600 state-sponsored massacres in which tens of thousands of non-combatants were killed (CEH, 1999). The findings underline that mass killings are distinctive types of conflict event, that should be studied separately from the larger armed conflicts in which they are embedded.

This paper has clear policy implications. Studies on the inter-generational transmission of trauma have shown that even distant events can affect currently living individuals (Cerdeña et al., 2021) and societies (Aassve et al., 2021). This study underlines the urgency of implementing early interventions to manage trauma after a mortality event. If trauma is indeed inherited over generations, the number of individuals affected by it will necessarily increase steadily over time given population growth and the force of kinship. I focused on a relative measure of the prevalence of trauma: i.e., the proportion of the population related to a victim. Looking at the absolute numbers highlights the magnitude of the problem: the number of individuals related to a victim increased from 440 in 1983 to 1,511 in 2016. Survivors of Rio Negro and of other atrocities are in urgent need of mental health support. The global relevance of this issue has been made evident by the ongoing COVID-19 pandemic, the consequences of which will be felt by bereaved relatives for years, if not generations, to come.

6.1 Limitations

I identify three main limitations in this study. First, the genealogical data were affected by survival and retrospective bias, despite all efforts to minimise them during data collection. Combining

the genealogical data with secondary local census data allowed me to estimate the extent of this omission bias (2% of the pre-genocide population), which is unlikely to bias the results considerably. Second, generational depth limited the identification of horizontal kin (e.g., data on grandparents are needed to locate the cousins of an ego), which led to underestimations of family size and kin loss in the extended family for members of older cohorts. Third, the empirical results from this study cannot be generalised to other populations, given that mortality crises differ greatly in their causes and consequences (Randall, 2005). Nevertheless, the demographic processes outlined in this paper are generalisable – e.g., an increase in mortality will invariably create a population of bereaved relatives, and the characteristics of this population can be inferred through demographic reasoning. Moreover, future theoretical work can seek to further formalise the relationship between demographic change, the experience of kin loss, and the population-level prevalence of bereavement in a formal demographic setting. Future empirical studies can apply the framework I introduced to study other mortality crises, both within and outside of armed conflicts.

7 Conclusions

I studied the implications of excess mortality for the experience of kin loss and the persistence of memory over time using complete genealogical data from a genocide-affected population closed to migration. Evidence from the Maya-Achi genocide in Guatemala exemplifies how mortality shocks reverberate within populations, and are amplified by pre-existing demographic and kinship structures. One-third of the population of Rio Negro died in a series of mass killings in 1982, but in the aftermath of the killings over 60% of all survivors had lost at least one family member in the killings. Remarkably, the proportion of the population related to a victim of the genocide remained relatively constant in the 1983-2015 period. These findings illustrate the role of kin ties as repositories of memory: i.e., a substantial proportion of the population will continue to have a personal connection to the genocide even after the last direct witness has died. This paper takes advantage of a unique data source containing individual-level data on the same population before, during, and after genocide. The specific findings are unique to the population of Rio Negro, but

the mechanisms by which demographic dynamics shape long-term patterns of grief and memory are universal.

8 Acknowledgments

This research was supported by a PhD Studentship from the London School of Economics and Political Science (Department of Social Policy). A special thanks to the people of Rio Negro and Pacux who shared their testimonies for this project. ADIVIMA and COCAHICH, two local NGOs, provided crucial support during fieldwork in Guatemala. I was granted access to the 1981 local census by a relative of the census coordinator, to whom I am greatly indebted. The paper was discussed at the *Work-in-progress Workshop* of the MPIDR Lab of Digital and Computational Demography. I also thank Orsola Torrisi for insightful comments.

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